



DBX ACADEMY - 3 day PRE SEASON SUMMER CAMP

Dates and Times

Monday	August 10	from 9:00* - 16:00
Tuesday	August 11	from 9:00* - 16:00
Wednesday	August 12	from 9:00* - 16:00

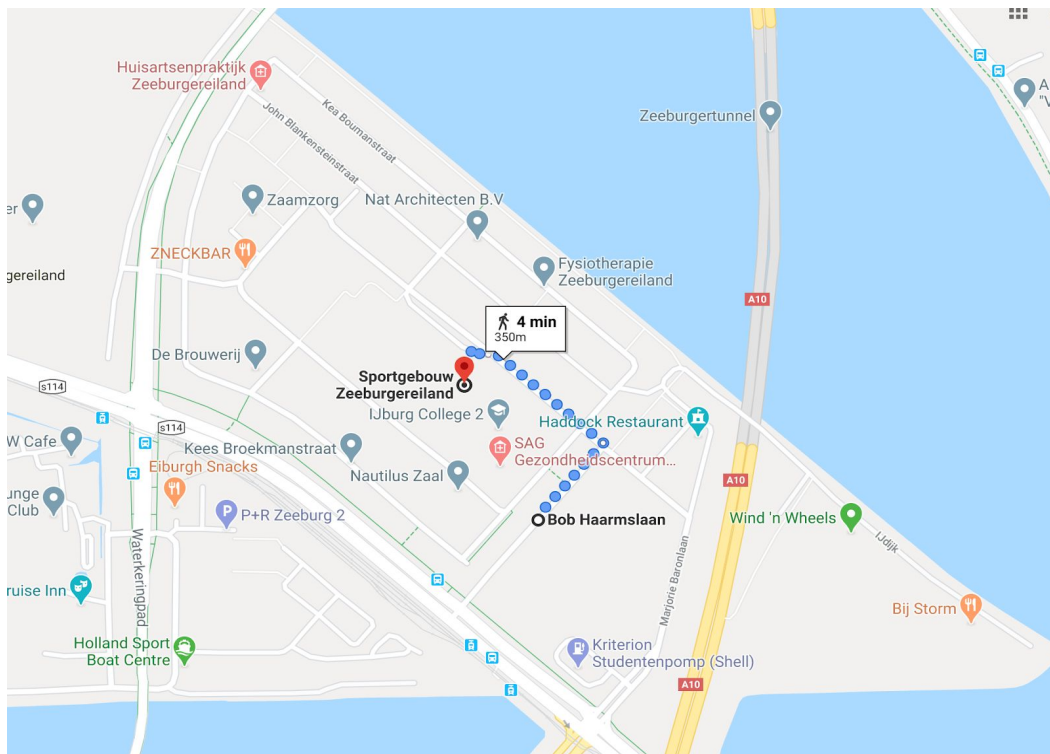
*Sign-in attendance **no later than 8:45**

Sporthal location

Sportgebouw, Zeeburgereiland, Foekje Dillemastraat 118, 1095 MK Amsterdam (IJBURG)

Directions:

- Public Transport: From Amsterdam Central Station, **Tram 26 towards IJBURG**, get off at the 5th stop **Bob Haarmslaan**, from there it's a 4 min. walk to the Sporthal. We will put up DBX direction signs for you to follow.
- Car: <https://www.routenet.nl/default.aspx>
- Paid Parking available





DBX Coaching Team (All coaches are current and former Professional basketball players)

Sam Graham - Founder & Head Coach

Ronny Weihmann - Head Coach

Torrell Martin - Head Coach, former NBA Player, Orlando Magic

Mario Tarin Araus - Assistant Coach

Michel Matheu aka "Dice" - Assistant Coach

Japhet McNeil - Guest Coach

Ricky Easterling - Guest Coach

Languages

Our coaches speak Dutch, English, Spanish and German.

Players please bring

- Basketball (if you have one, otherwise we supply)
- Refillable water bottle
- One Black and One White T-shirt
- Towel, deodorant, optional hand sanitizer
- Good spirit & Positive attitude

Uniform

Please wear comfortable sports clothes and clean training shoes. We will provide you a DBX T-shirt as well.

Lockers

All players can make use of the code lockers in the gym. We do however advise not to bring valuable belongings to the gym other than the necessary; mobile phone, ID, health insurance card, bankcard, small cash.

Breaks

During our program we will have regular water breaks between 5-10 min., one (1) hour lunch break from 12:00 - 13:00 hrs.

Lunch & Food allergies and/or preference

We provide a healthy lunch, fruit and water bottles. Please let us know about any food allergies or preferences (Vegetarian / Vegan).

Flight & accommodation

DBX does not offer flight & accommodation packages for this Camp, however we are happy to advise you. If you need help, please email us via info@dbxamsterdam.com



Nearest Hotel Options;

1. Amadi Panorama Hotel, IJburglaan 539, 1087 BE Amsterdam, 7 min bike ride or 14 min tram 26 (public transport + 4 min. walk)
2. Four Elements Hotel Amsterdam, Bert Haanstrakade 1074, 1087 HJ Amsterdam
7 min bike ride or 19 min tram 26 (public transport + 4 min. walk)

Bike rental is available either via the hotels or at Amsterdam Central Station (NS Bikes).
<https://www.ns.nl/en/door-to-door/ov-fiets/how-it-works.html>

You can purchase a tram ticket on the tram (Debit Card only!!) or at a ticket machine at Central Station (Cash, Debit and/or Credit Card). Hour card fee is EUR 3,20 and Day card fee is EUR 8,00.

More hotel options:

https://www.booking.com/searchresults.en-gb.html?aid=303948;label=amsterdam%2Fijburg-Pz94aaP8bgqwWYnnSNdwCws392992143580%3Apl%3Aata%3Ap15%3Ap2%3Aac%3Aap%3Aneg%3Afi%3Atikwd-19197351981%3Alp9065300%3Ali%3Adec%3Adm%3Appccp%3DUmFuZG9tSVYkc2Rllyh9Yf5EcukO1MOGLSSAuld8ToA;sid=0809b8f123b8f300f2ecdca2b5e8bdf8;dest_id=164;dest_type=district;from_district=1;keep_landing=1;redirected=1;source=district&gclid=EAlalQobChMIu7PTI5PQ6gIV0Od3ChOf_QOPEAAAYASAAEgl4qfD_BwE&

Fees

EUR 85,- Basketball Fundamentals Camp - ages 12 to 14
EUR 100,- High Performance, Elite Training Camp - ages 15 to 25

Camp & Sign up information

Camp information: <https://www.dbxamsterdam.com/dbx/camps-clinics/>

Sign up: <https://www.dbxamsterdam.com/product-categorie/dbx-camps-clinics/>

Pictures and Videos

DBX photographer will be shooting pictures and videos. In case you don't appreciate your picture or recordings to be taken, please let us know.

Social Media

DBX will share pictures and videos with all players and post highlights on our Social Media.

In case you do not appreciate your picture or video to be shared in our highlights, please let us know.

Players who post private pictures or videos during our camp, please hashtag **#DBX2020SUMMERCAMP** and tag IG page **@dbxamsterdam**

Code of Conduct



DBX is a black owned company.

DBX brings people together regardless of their race, colour, gender, age, sexual orientation, nationality or religion.

Coaches and players should acknowledge the following;

- DBX expects coaches and players to treat each other with dignity, respect and sportsmanship on and off the court.
- DBX does not tolerate any form of discrimination, intimidation, bullying or harassment.
- DBX does not tolerate any form of aggression and/or inappropriate language.
- DBX holds the right to dismiss coaches or players who do not comply with the above without pay or fee reimbursement.

Coaches or players who feel they are subject to any form of discrimination, intimidation, bullying or harassment during our Camp, please speak up and inform one of our Head Coaches.

Housekeeping

DBX expects everyone to follow the housekeeping rules of the sports facility and help keep it clean. We will share the housekeeping rules on day 1.

Emergency Contact and Health & Safety

- DBX requires all players to bring their emergency contact information and health insurance card.
- DBX requires all players to inform the coaches of any current or past injuries.
- DBX requires all players to inform coaches of any medication or medication allergies.
- DBX confirms all players have signed the DBX Waiver upon sign up.
- DBX requires all coaches and players to comply with the set COVID-19 measures shared with you in a separate document.

Parents & Unannounced Visitors

Parents are welcome to stay during the first 30 minutes Introduction Session from 9:00AM – 9:30AM and the last 30 minutes from 3:30PM – 4PM. During the camp parents are kindly requested to leave.

DBX does not allow unannounced visitors to attend our Camp. DBX reserves the right to kindly request unannounced visitors and/or coaches outside of the DBX Academy to leave.

FAQ : Please go to <https://www.dbxamsterdam.com/frequently-asked-questions/>. Should you have any further questions or concerns, please email us via info@dbxamsterdam.com

We look forward to welcoming you to the **DBX 2020 Summer Camp!**